



training * coaching * competency

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Title of course Team building
Duration of course 2 days
Start and end time 9:30 – 16:30

Introduction and Aim

It is widely recognised that people tend to function more effectively as members of work teams, rather than as isolated individuals. This course develops skills for both team members in team building and for team leaders.

Course content:

- ◆ What is a team?
- ◆ Teams v work groups
- ◆ Teams and synergy
- ◆ Features of effective and ineffective teams
- ◆ The benefits of effective team working
- ◆ Teams and individual differences
- ◆ The different phases of team development
- ◆ Different behavioural styles
- ◆ Teams, morale and productivity
- ◆ Developing team charters
- ◆ The characteristic features of an effective team leader
- ◆ Teams, conflict and consensus
- ◆ Team building- task, team and individual functions
- ◆ Team building practical exercises

Open book assessment at end of course

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Outcomes:

Delegates will be able to:

- ◆ appreciate the difference between teams and work groups
- ◆ recognize the synergy within a team
- ◆ understand how to make an ineffective team successful
- ◆ understand the dynamics of a good team
- ◆ be able to develop a team
- ◆ work with the different behavioural styles within a team
- ◆ develop team leader skills
- ◆ work with team members to overcome conflict
- ◆ to see the beneficial effects of good team development

Suitable for: anyone who works within a team or thinking of forming a team

Previous experience required: None

Delegates numbers: Min 4 – Max 10

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