



g workshops.

We are a highly motivated company; all our trainers and coaches are linked in a common purpose to achieve the best possible results for our workshop participants and ultimately our clients.

## Leadership and Management Training and Coaching

### Our training/coaching includes:

- ✓ Management and Leadership coaching
- ✓ Supervisory skills
- ✓ Integrity Management Leadership
- ✓ Developing resilience in Leaders
- ✓ Flexible Leadership
- ✓ Management of Change  
(also Change of Management)
- ✓ Well-being and Vitality workshop for leaders
- ✓ Leadership skills
- ✓ Conflict resolution



Our training and coaching comes with a framework of topics to incorporate in the workshop, it is then customised to suit your company's specific requirements.

do".



We also have an extensive range of **People skills**, plus an entire **Competency** package, including NVQ.

Visit our website:

[www.ays-ltd.co.uk](http://www.ays-ltd.co.uk)

Contact details:

e: [training@ays-ltd.co.uk](mailto:training@ays-ltd.co.uk)

t: 01569 731064

 **Call for a meeting**

to discuss your requirements:  
m: 07713 160632 (training manager)